



Apple Pickin' Time

You can turn a simple apple snack into an experience that will help your children think of God each time they eat an apple.

As you enjoy a snack of apple slices, explain that there is a surprise inside each apple that can help remind them of God's gift to the world.

As you lead the group in a discussion of what that gift is, guide them to remember that a star was above the stable where Jesus was born.

As you talk, cut an apple around the middle and tell the children that each time they eat an apple they can remember that star and think about how much God loved us that he would send His Son, Jesus into the world -----open the apple to show the children that there is a star in the middle of the apple. Try this more than once to show that each apple has a star.

As you cut apples, save the seeds to make an Apple Sensory bag
You will need a freezer Ziploc Bag (small size), Green shampoo or green hair gel, the apple seeds and strong tape (I use packing tape).
Place approx. 1/2 cup of green shampoo or gel in the bag along with the seeds and seal. Use the tape to secure the top to prevent leakage. Place the bag flat on a table and squish the seeds around in the bag. This is a great sensory experience.

God made apples
Growing on a tree
Some for you and some for me

God made apples
yellow, green and red
A big one fell upon my head

God made apples
Great to eat
Juicy, crunchy, crisp and sweet

God made apples
It's time to bake
some apple pie and some apple cake!!

*"God saw all that he had made, and it was very good."
Genesis 1:31a*