

Feeding the Hungry

***Hunger and Happiness: Feeding the Hungry, Nourishing our Souls* by Shannon L. Jung (Augsburg Fortress, 2009)**

In a world where there is so much food, why are so many people hungry? Amidst so much plenty, why aren't people happier? L. Shannon Jung insists that the two questions - one having to do with physical hunger, the other with spiritual want - are related. *Hunger and Happiness* exposes the atrocities of a global food system whereby the affluent feed at the expense of others, but then goes on to explore how complicity in the hunger of others contributes to the spiritual malnourishment of those who otherwise are well fed. *(Description from www.cokesbury.com)*

***Faithlink: Blessed are the Hungry?* (Cokesbury, 2004 - Curriculum resource)**

The specter of global hunger can be overwhelming to caring Christians. Feeding people who are hungry is an act of mercy, but fighting hunger is a political process. How can we become advocates of change to help a world that is filled with hungry persons? *(Description from www.cokesbury.com)*

***A Banqueter's Guide to the All-Night Soup Kitchen of the Kingdom of God* by Patrick T. McCormick (Liturgical Press, 2004)**

When Jesus spoke at the table he provided instructions for his disciples to follow. *A Banqueter's Guide to the All Night Soup Kitchen of the Kingdom of God* views those teachings as a set of guidelines for us to follow in all areas of life. Through the study of metaphors commonly used to describe the Eucharist, this book connects the Eucharist and Jesus's words and actions with current issues in society. Each chapter defines a metaphor associated with the Eucharist and explores its moral, social, and ethical implications. Readers will become more aware of the need for social justice as they identify with the parables and guidance of Jesus. *(Description from www.amazon.com.)*

***Take this Bread: A Radical Conversion.* by Sara Miles (Ballantine Books, 2008)**

Early one morning, for no earthly reason, Sara Miles, raised an atheist, wandered into a church, received communion, and found herself transformed-embracing a faith she'd once scorned. A lesbian left-wing journalist who'd covered revolutions around the world, Miles didn't discover a religion that was about angels or good behavior or piety; her faith centered on real hunger, real food, and real bodies. Before long, she turned the bread she ate at communion into tons of groceries, piled on the church's altar to be given away. Within a few years, she and the people she served had started nearly a dozen food pantries in the poorest parts of their city. "Take This Bread" is rich with real-life Dickensian characters-church ladies, millionaires, schizophrenics, bishops, and thieves-all blown into Miles's life by the relentless force of her newfound calling. Here, in this achingly beautiful, passionate book, is the living communion of Christ. *(Description from www.cokesbury.com)*